

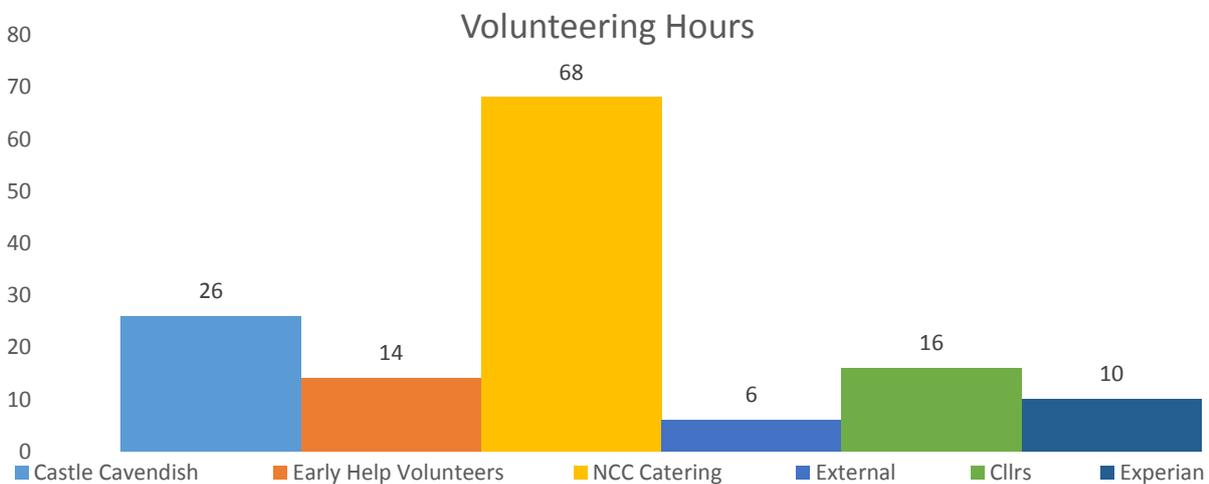
# Holiday Hunger Evaluation

(The Holiday Hunger Project ensures children whose families are on low income or normally receive free school meals have access to nutritious food during the school holidays)

During the summer holidays of 2018 four Holiday Hunger projects were piloted across Nottingham city; **FareShare, Good Food Partnership, Dovecote Primary School, and Small Steps Big Changes (SSBC) sandwich stations.**

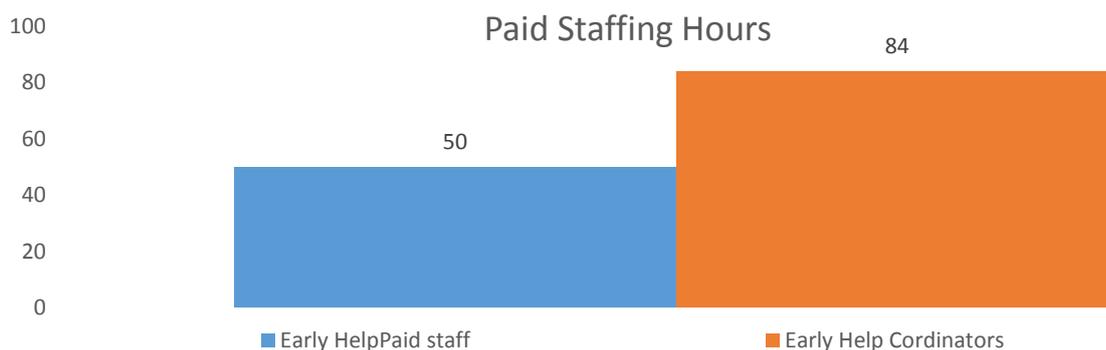
## FareShare Pilot

The **FareShare** pilot for the Holiday Hunger Programme ran for three days over 3 weeks in August 2018, in total nine days in August, packed lunches were made available and delivered to children attending community sessions based in the North and Central areas of Nottingham City. In preparation for the programme to run successfully volunteers were engaged to support with sandwich preparation from various sectors of Nottingham's community:



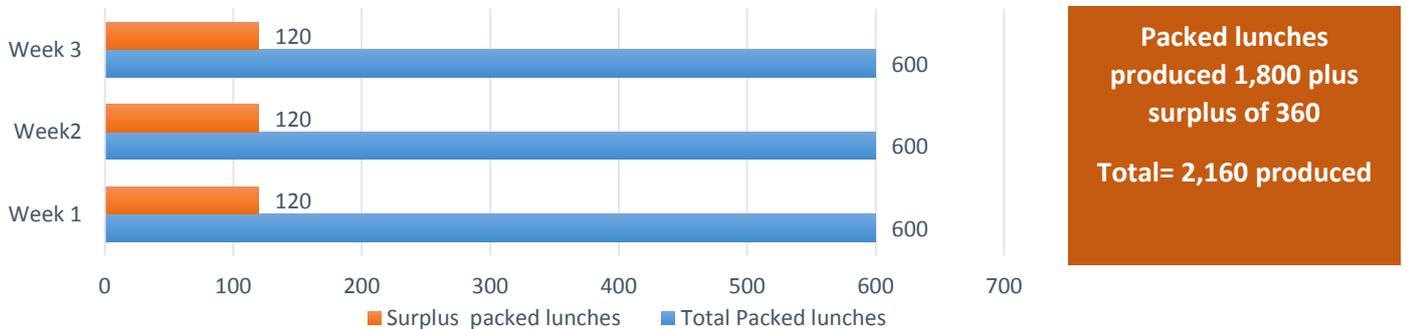
\*sandwich and lunch preparation approximation for each volunteer is two hours per day

To support the operational running of the project two Coordinators from our Early Help team were enlisted to oversee the project over two sites, the coordinating of the project ran over four days. Day one: receipt and storing of food supplies (two hours) and days two to four overseeing sandwich preparation (four hours per day) (20 hours per week), total hours per week for each coordinator. Total hours for the two coordinators over the three weeks of the project totalled eighty-four hours. In addition, Early Help colleagues were drafted in alongside the coordinators and volunteers to ensure there were adequate numbers in the preparation and distribution of the packed lunches, these were paid staff.



## Packed lunches prepared

### Total Packed lunches produced - Holiday Hunger Project



## Summer Sessions where packed lunches were distributed

The supplied lunches from the FareShare pilot were distributed across a number of sessions primarily across the North and Central of the city. The range of sessions

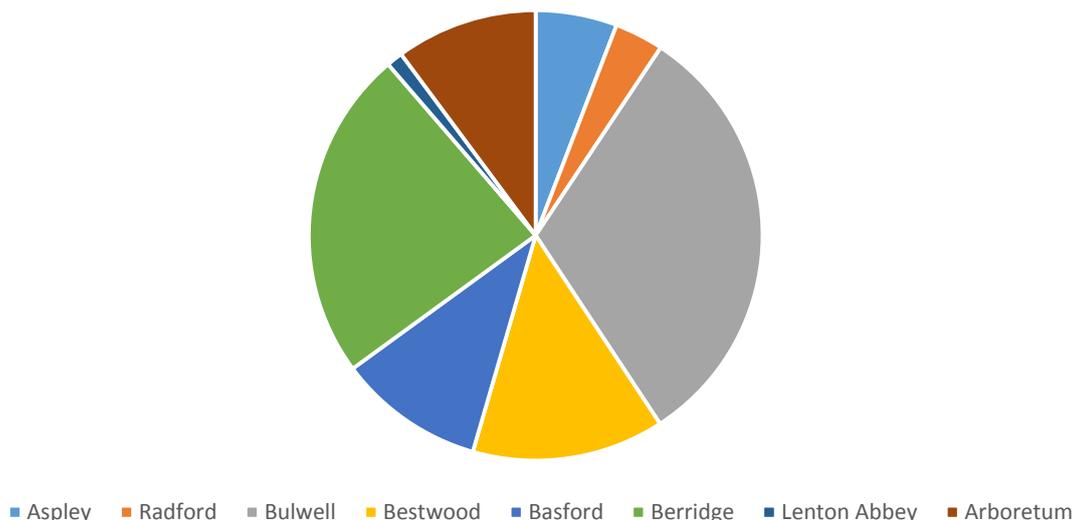
AJ Sports	Evolve	Bulwell Riverside Play	Family Support Clinics at Bulwell	The Ridge Play	Bulwell Boggs	Aspley Boys Football Club	Family Day at Robert Shaw
Bulwell Health Session	URC Youth	Stay Play & Learn Bestwood	1 to1 Support surplus food given	Messy Play Sherwood	Hyson Green Youth Club	Bells Lane Youth	Lenton Abbey Park Rangers Footballers
AMC Gardens Family Day Meadows	Phoenix Play	Family Day Bilborough Community Centre	Alton Towers Trip	Messy Play Basford	Bulwell Riverside Youth	Forest Fields Play Centre	Family Days on Local Parks

included but were not exhaustive to the following:

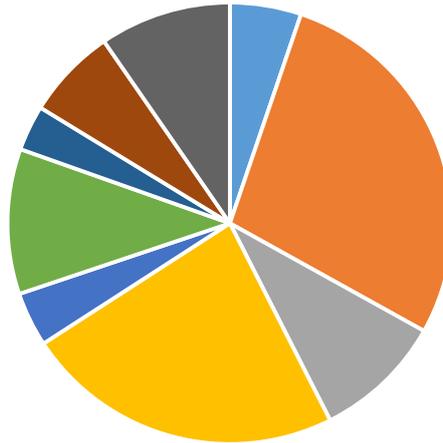
## Distribution by ward

The below pie charts shows the distribution of lunches provided each week against the ward areas:

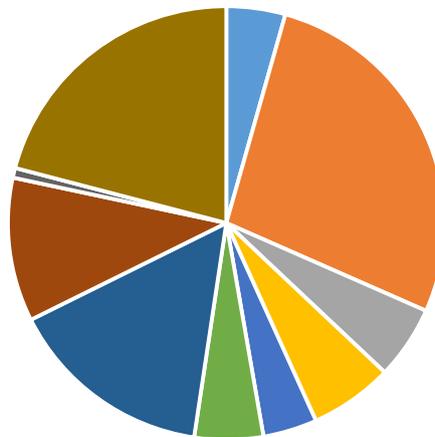
Week One - Lunch distribution per ward



### Week Two - Lunch distribution per ward



### Week Three - Lunch distribution per ward



- Bilborough
- Berridge
- Wollaton East and Lenton Abbey
- Aspley
- Citywide Trip
- Sherwood
- Basford
- Bestwood
- Bulwell Forest
- Bulwell

Items purchased for the Project	Total
Fare Share packed lunch (food)	£250 per site each week total £1,500
Chiller Boxes	£585,00
Early Help Spend - Fridges, Kitchen Utensils, chopping boards, knives, aprons, hairnets, sandwich packs etc.	£1,178.95
	<b>Grand Total= £3,263.95</b>

### Costings for the Fare Share Pilot

#### Food items and quality:

A Variety of foods were provided throughout the 3 weeks often consisting of:

- Bread (white, wholemeal, best of both, seeded batch loaves)
- Sandwich fillings (ham, chicken, cheddar cheese, cheese spread, eggs)

- Crisps (large packets, Wotsits, Peppered crisps etc.)
- Snacks (Lunchables, Snak-a-Tak, yoghurts, cheese strings, babybel)
- Sweet (Cakes, flapjack, cereal bars, Bakewell tarts)
- Fruit (variety of melon, pineapple, oranges, grapes, water melon)
- Drinks (smoothies, water (still and sparkling), juice bottles)

### **The quality and wastage of food (out of date, unwanted products)**

Supplies of the food items particularly in week one and week two saw a significant amount of items delivered that were surplus, following the production of 300+ sandwiches for the week at each site, this included loaves of bread and sandwich fillings. As a result, there was some wastage, even after providing surplus food items to families at sessions where the lunches were being provided.

In terms of quality, the majority but not all the produce was satisfactory and in date however, there were a number of products that were well passed the 'best before' date or on the spoil, such as bottled apple juice, sandwich fillings and loaves of bread.

### **Evaluation and feedback for the FareShare pilots:**

Castle Cavendish worked closely alongside the Broxtowe pilot, with AJ Sports provision receiving 50% of the Broxtowe production. In addition, surplus supplies were provided at Lenton Abbey Park Rangers Football.

Please see link of AJ Sports evaluation of the summer, which includes feedback on the Holiday Hunger project: [AJ Sports Facebook](#)

### **What worked well**

- Over 1800+ lunches made and distributed over the 3 weeks
- Lunches were well received by children and families, with positive feedback gained.
- Surplus food from FareShare allowed for more sandwiches to be made up, thus feeding more CYP across a variety of sessions, e.g. feeding CYP on day trips
- Working in partnership with other organisations and the voluntary sector
- Coordinated approach for distribution across the localities taking part
- EH volunteers building on their skills through supporting the sandwich making and obtaining Food Hygiene Certificate Level 2

### **What didn't work well**

- Time to co-ordinate and organise the pilot
- Resources for transporting sandwiches
- Returning cool boxes and keeping packed lunches cool for later sessions
- Time to run the pilot and the person-hours to ensure successful outcomes
- Cost for purchasing equipment and resources to ensure good food practices for storing, making and delivering packed lunches
- Food wastage, some food items were out of date/just before out of date which impacted on the quality and freshness of the food

- Predicting attendance numbers of CYP and families at sessions to ensure adequate lunches / not too many lunches were provided
- Allergy awareness/unable to accommodate – dietary requirements i.e. vegetarian, vegan and halal meat

### **Comments and compliments received:**

- ‘This is so good, I haven’t eaten anything today’ Comment made at 3pm by a parent
- ‘It is great to receive a free lunch’
- ‘Lovely to see the community come together, and meet new people’ Families at Bulwell Bogs
- ‘It’s nice to sit together and eat’
- ‘Thank you!’

### **Good Food Partnership pilot**

Nottingham Good Food Partnership supplied packed lunches to three citywide events. They adjusted the sandwiches to the dietary needs of children including

<b>Date</b>	<b>Event/Session</b>	<b>Lunches provided to children/families</b>
8th August	Multi Sports Day – Colwick Park	90 Packed Lunches
15th August	National Youth Day – The Mill Adventure Centre	84 Packed Lunches
22 <sup>nd</sup> August	Alton Towers	132 Packed Lunches

vegan, vegetarian and meat:

### **Dovecote Pilot**

A Family Fun day was hosted at Dovecote School on Tuesday 21<sup>st</sup> August to target local families who would normally receive free school meals. The session was delivered by NCC Play and Youth and Children’s Centre Workers. The total attendance on the day was 133.

The families received a hot meal of pasta and sauce with fruit and biscuits that were donated by Pasta King and GMB.

Three paid NCC catering staff assisted on the day, each colleague worked for 5 hours each, totalling 15 hours in total.

#### **Feedback from parents**

‘All for the kids, can’t believe it was all free including food’

‘Lots of children’s activities, brilliant food’

‘Lovely atmosphere, plenty of staff’, ‘Yummy, amazing food’

### **SSBC’s sandwich stations**

Across the holiday provision, Small Step Big Changes (SSBC) linked with several Children's Centres and partner activities to offer sandwich stations. These stations

<b>Date</b>	<b>Event/Session</b>
1 <sup>st</sup> August	National Play Day, Arboretum Park
11 <sup>th</sup> August	Melbourne Meltdown, Melbourne Park, Aspley
29 <sup>th</sup> August	Broxtowe Country Park Family Day, Aspley

provided children and families with a packed lunch consisting of a sandwich/wrap, drink and fruit, for example, SSBC linked with the following sessions:

### **Feedback provided throughout included:**

- Making your own wraps at the National Play Day while a lovely experience for families, due to the volume some families may have missed out on free food and as such pre packed lunches will be provided at future events
- During busy events, the packed lunches were well received and consumed by families
- Some sessions had limited attendance from families and it was difficult to predict how many packed lunches were required

### **Recommendations:**

- More lead up time and coordination
- Consistent food offer across the city
- Future working with schools to identify CYP and families most in need (i.e. free school meals)
- Provide more hot food stations as this worked very well at Dovecote
- Relook at coordinators for the project, as existing staff had a pressure to catch up on workload
- Brunch/Lunch clubs at set venues where play activities etc. are available (Activities and food rather than feeding every child)
- Logistics, the transportation of the packed lunches – new model required, not using current staffing kit
- Engage with local supermarkets etc. to ensure freshness and quality of food items which are more nutritious and appealing to CYP and families
- Volunteering – recruitment of more external volunteers
- Budget – to provide cheap nutritious meals – cooking on a budget
- Ensuring we reach the correct families (targeted work with Early Help, schools and Foodbanks e.g. Token/wristband)

### **Recent Developments**

An Opportunity has arisen for NCC to work alongside a group of Sports, Voluntary and Community organisations to place a bid for DFE funding to fund provision to support disadvantaged families during the school holidays in 2019.

'Streetgames' were one of the seven parent organisations to whom funding was provided in 2018 and they delivered a Fit and Fed programme in Nottingham. The learning from their evaluation, along with the Holiday Hunger evaluation could support Nottingham's bid for further DFE funding next year. This consortium

approach could provide a long term sustainable approach through increased voluntary involvement.

Appendix 1 – Sandwich preparation



Appendix 2 – distribution across the city



Appendix 3 – CYP and families enjoying the lunches



Appendix 4 – Dovecote Pilot

